

Spirals

Supplies and Homework

What to Bring

Basic Sewing Supplies

- 50 wt. 2-ply long staple cotton thread [Aurifil will be Available for purchase in class]
- Scissors, Pins, Seam ripper
- .9MM ceramic lead mechanical pencil for quilting. [Available for purchase in class]
- 6" X 24" See through ruler with 30, 45 and 60-degree markings in both directions
- 4" x 14" or smaller See thru ruler with markings
- Rotary cutter with a sharp blade and a spare blade
- Cutting mat at least 24" on one side
- Pencil and paper for taking notes.
- Optional 1" x 6" ruler with ¼" markings. [Available for purchase in class]
- Optional Book and Patterns[Available for purchase in class]
- Optional small binder/folder to put hand-outs and notes in.

Fabrics

Batiks are highly recommended

The print on these fabrics should be fairly small.

Solid fabrics or tone on tone prints are good to bring.

Contrast is the biggest thing to consider, it will be easier for learning.

Prewash and dry fabrics, Iron folded in half selvedge to selvedge, Do not use starch.

Please do not stress out about fabric choices.

Fold the fabric in half selvedge to selvedge.

Refer to exercise below for fabric amounts. Please bring a little extra for mistakes etc

You can go to my YouTube channel for a preview of some of these techniques and quilts made with them. www.youtube.com/user/RitaHutchens

Homework [please read carefully before you cut or sew]

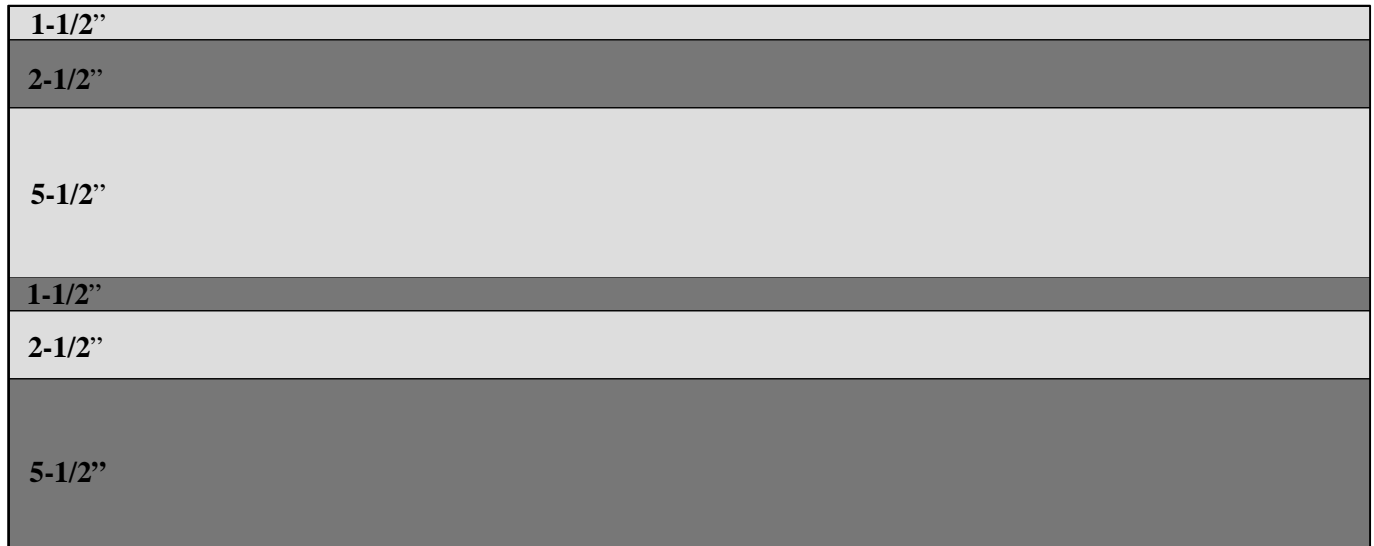
You will get more out of the class if you do a little pre-class homework. You will be way ahead if you do these simple steps. Use the fabric above for the homework.

Use a rotary cutter and ruler to cut required strips for each exercise from the full width of the fabric [apx. 42"]. When ironing seams open a few stitches at the ends of the seams are likely to come out when you are working with them. Use a small stitch [18-22 per inch, and good tension when sewing the strips together and this will not be a problem. Strips cut from different fabrics will be slightly different in length. Do not worry about making the ends even at this point. Work from one end and make them generally even. I prefer not to use pins unless I have to match up seams or ends. Without stretching, pulling or distorting, gently feed the strips through the sewing machine matching the edges. Sew your strips together using an even and consistent one-quarter inch seam allowance. Use a hot steam iron and iron seams open. It takes a little extra time but the work will lie flatter. It will be easier to iron seams open if you "set" the seam first and then iron it open. Be careful not to stretch your strips while you are ironing or you will get a strip set with a big curve in it.

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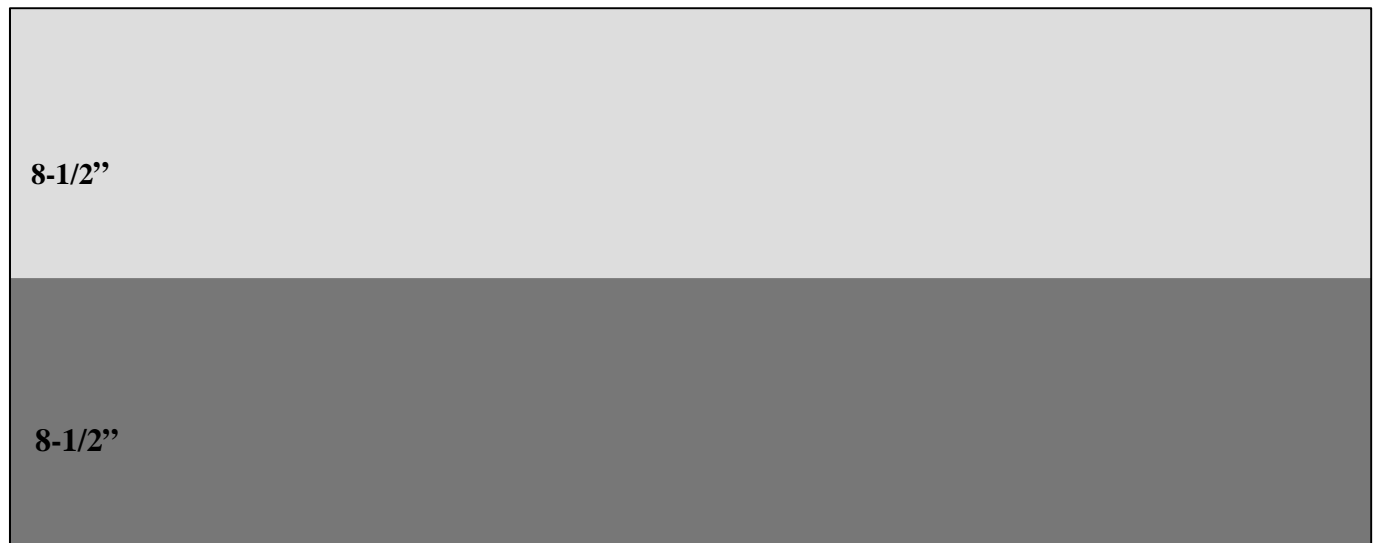
Supplies and Homework

1. Choose two contrasting fabrics [one light and one dark].
Follow the directions above for cutting and cut the following strips from each fabric:
Two 8-1/2-inch strips, Two 5-1/2-inch strips, Two 2-1/2-inch strips and Two 1-1/2-inch strips
[8 strips from each fabric 16 strips in all.]
2. Follow the directions above for sewing and ironing and sew the strips together into two separate strip sets as shown below. Make 2 of each strip set [If you have used an accurate 1/4-inch seam allowance both strip sets should be the same width.]



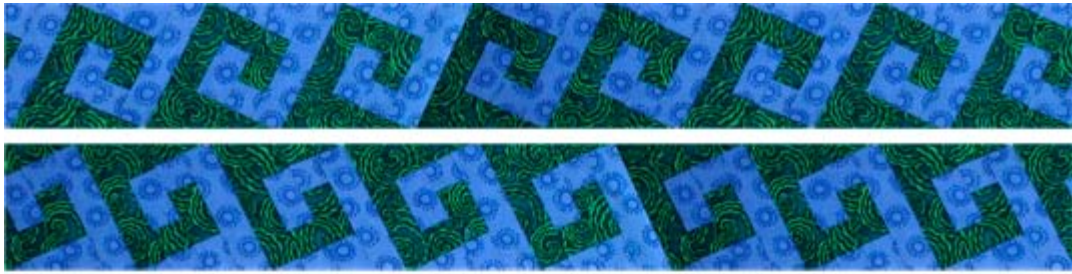
Strip-set One ▲

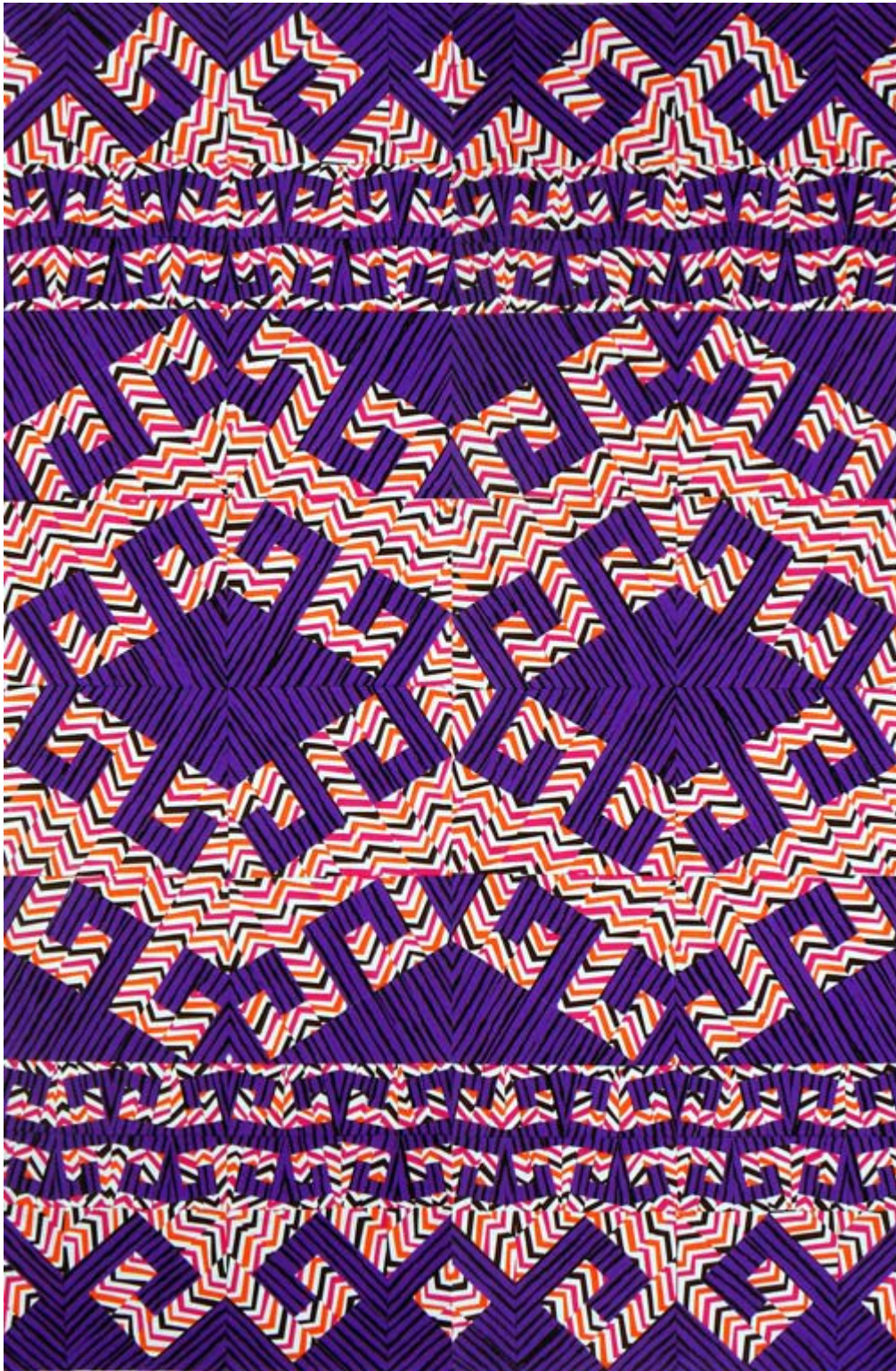
Make 2



Strip-set Two ▲

Make 2





Don't Forget

Bring your sense of adventure, humor, and willingness to learn, experiment and enjoy the process!
Please to feel free to call or write if you have any questions.

I look forward to seeing you all.....Rita